# Your Inner Room: A Lenten Retreat

### National Centre for Padre Pio 111 Barto Road - Barto, PA <u>www.padrepio.org</u> 610-845-3000

Make time and space in your busy life to prayerfully reflect on the interior disposition that should accompany us during the sacred season of Lent. There is no cost to attend this retreat; however, it is a ticketed event. Register at <u>www.padrepio.org</u> by clicking on the event calendar for March 8<sup>th</sup>. Registration opens on February 1<sup>st</sup>. Bring your own packed lunch or pre-order and pre-pay \$17.00 for a boxed lunch when registering for your ticket on-line. The deadline to order lunch is March 1<sup>st</sup>. Please contact <u>angela@padrepio.org</u> with questions or for further information. Thank you to Bishop Alfred Schlert whose 2023 Lenten Letter was the inspiration for this retreat theme!

### Friday, March 8, 2024

Welcome & Opening Prayer - 9:30 AM Conference #1 - 9:45 AM Mass - 10:30 AM Rosary - 11:30 AM Confessions, Lunch, and Free Time to Visit the Museum and Gift Shop - 12:00 PM Conference #2 - 1:15 PM Stations of the Cross - 2:00 PM Chaplet of Divine Mercy - 3:00 PM

#### About Our Spiritual Director

Father James McCormack, MIC professed his perpetual vows in the Congregation of Marian Fathers of the Immaculate Conception of the Blessed Virgin Mary in 2009 and was ordained to the priesthood in 2010. He earned a



bachelor's degree in electrical engineering from Yale University and his master's degree at Stanford University. In addition, he studied in Rome where he received his Licentiate degree in the Theology of the Consecrated Life. Father Jim presently serves as the parochial vicar at Saint Patrick Parish in Yorkville, Illinois.

## Do, What I Cannot.

By 5t Anselm (1033-1109) Doctor of the Church
Lord, my heart is before You.
l try
but by myself,
l can do nothing.
Do, what I cannot.
Admit me
to the inner room
of Your love.
l ask.
l seek.
l knock.
You have
made me ask,
make me receive.
You have
enabled me
to see,
enable me
to find.
You have
taught me
to knock,
open to
my knock.
Amen Anastpaul/19

"Despite the trepidation, I encourage us to truly enter our 'inner room.' Spiritually, our inner room is an interior place in our heart that is the deepest part of our being where we speak intimately with God. This is a far different place than the frenetic world of twenty-four-hour talk, endless blogs, social media postings, tell-all books, and immediate opinion with harsh judgment. Rather, our inner room is a place of peace, tranquility and being in the presence of God."

Most Reverend Alfred A. Schlert, D.D., J.C.L. Bishop of Allentown