

St. Andrew Parish and the Office for the New Evangelization present

THE IMPACT OF TRAUMA & THE PATH TO HEALING

UNDERSTANDING WHAT HAPPENS TO THE
BODY AND MIND DURING ADVERSE LIFE EXPERIENCES



Chances are high that you and/or people you know are carrying burdens caused by traumas from the past. Whether it be a car accident, the death of a loved one, betrayal, abuse or natural disaster, these and other overwhelming life experiences leave us with lasting negative effects. Join us for an eye-opening talk by a Catholic certified trauma therapist who will explain not only the spiritual and emotional effects of trauma, but also its physiological impact, especially on the brain. Knowing the reality of how trauma impacts us helps us better understand ourselves and others. It also opens up the path to the possibility of *real healing*.



PRESENTER

Margaret Mary Vasquez, LPCC-S
Certified trauma therapist, author and
founder of Sacred Heart Healing Ministries

Wednesday, October 18, 2023 - 7:00-8:30 PM

St. Andrew the Apostle Parish
Msgr. McGettigan Hall
3500 School Lane - Drexel Hill, PA 19026

REGISTRATION:

No cost to attend, but [click here to register](#)
or visit phillyevang.org/events



QUESTIONS?

Contact Nicky Verna nverna@standrewdh.org or Meghan Cokeley at mcokeley@archphila.org