

As Catholics, we may already know that some or all of these things are good for the soul and for evangelizing, and we may embrace one or more of them occasionally. But assimilating these powerful gifts into our daily lives can be a challenge. Bishop Loverde offers suggestions on how to make these gifts the lifeblood of a daily routine.

Evangelist's To-Po List

- 1. Think of three ways God has blessed you recently. Thank him for these blessings.
- 2. Pray for and seek to develop a right relationship with Christ, which alone brings joy and right relationships with others.
- **3.** Allow your joy to be increased through the Eucharist and the other sacraments of the Church.
- 4. Volunteer or take part in charitable service, and find ways to discuss charity with others.
- **5.** As part of your deepening friendship with Christ, find one concrete way to love him and to love your fellow disciples through him.
- **6.** Ask for forgiveness when you hurt someone.
- 7. Receive Communion on Sundays and, if possible, more often during the week.
- **8.** Ask God's forgiveness each night for the sins of the day, and receive the sacrament of reconciliation regularly.
- 9. Set aside time for reading or listening to the Scriptures, spiritual works, and the Catechism of the Catholic Church to increase your knowledge of Jesus Christ.
- 10. Look for a men's or women's Bible study group or a prayer group to join to receive support as a disciple and to offer your support to other disciples.
- **11**. **Invite others** into your home to share a meal.
- 12. Pray the Rosary. Consider Mary's obedience to God. Seek her intercession for your friends, family, coworkers, and neighbors.