

Abraham, Old Testament Patriarch

“Look now toward heaven, and count the stars if you are able to number them.”

And He said to him, “So shall your descendants be.”

Pray for all the members of your extended family

St. Agnes, 4th century virgin and martyr

January 21

O singular example of virtue, glorious Saint Agnes, by the living faith which animated thee from thy tenderest years, and rendered thee so pleasing to God that thou didst merit the martyr's crown, obtain for us the grace to keep our holy faith inviolate within us, and to profess ourselves Christians sincerely in word and work to the end of our lives.

Pray for those tempted to abandon their faith.

St. Alphonsus Liguori

August 1

"Leave the world and give yourself to Me." (Jesus to St. Alphonsus)

Pray for the holiness of men in all states of life.

Saint Andrew, apostle

November 30

"Saint Andrew was the first convert among the apostles; he was especially in the Lord's confidence; thrice is he described as introducing others to him; lastly he is little known in history, while the place of dignity the name of highest renown have been allotted to his brother Simon, whom he was the means of bringing to the knowledge of his Savior." J.H. Newman

Pray for those who have no one to pray for them.

St. Andrew Kim Taegon, Korean martyr

September 20

“Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you [falsely] because of me. Rejoice and be glad, for your reward will be great in heaven.” -Mt 5:10-12

Pray for persecuted Christians.

Saint Angela Merici, mystic, religious founder

January 27th

"Mothers of children, even if they have a thousand, carry each and every one fixed in their hearts, and because of the strength of their love they do not forget any of them. In fact, it seems that the more children they have the more their love and care for each one is increased."

Pray for mothers.

Saint Anne, mother of the Blessed Virgin Mary

July 26th

“In the moment when the light of the angel had enveloped Anna in grace, I saw a radiance under her heart and recognized in her the chosen Mother, the illuminated vessel of the grace that was at hand. What I saw in her I can only describe by saying that I recognized in her the cradle and tabernacle of the holy child she was to conceive and preserve; a mother blessed indeed. I saw that by God's grace Anna was able to bear fruit.”

Pray that grandparents may be a light of Faith in their families.

Saint Anthony of Egypt, 4th century desert monk

January 17th

“Now therefore, beloved, let this word be manifest among you, that the bounty of the Father spared not his Only-begotten for our sakes, but delivered him up for the salvation of us all.”

Pray for purification of the world from evil.

Saint Anthony of Padua

June 13th

“We spread the love of God by loving as he loves.”

Pray for non-believers.

Archangel Gabriel

September 29th

“The one who looked like a man touched me again and strengthened me, saying, ‘Fear not, beloved, you are safe; take courage and be strong.’ When he spoke to me, I grew strong and said, ‘Speak, my lord, for you have strengthened me.’” (Daniel’s vision of the Archangel Gabriel) Daniel 10:18-19

Pray that Divine love will conquer the world.

Saint Michael the Archangel

September 29th

St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil.

Pray for those who have been ensnared by the devil to be set free.

Archangel Raphael

September 29th

“I was sent to put you to the test. At the same time, however, God commissioned me to heal you and your daughter-in-law Sarah. I am Raphael, one of the seven angels who enter and serve before the Glory of the Lord...No need to fear; you are safe. Thank God now and forever. As for me, when I came to you it was not out of any favor on my part, but because it was God’s will. So continue to thank him every day; praise him with song.” (Tobit 12:14-18)

Pray for the healing of families

St Augustine of Hippo, bishop, Doctor of the Church

August 28th

You have forgiven me my past sins and drawn a veil over them, and in this way You have given me happiness in yourself, changing my life by faith and Your sacrament. When others read of those past sins of mine their hearts are stirred so that they no longer lie listless. Instead their hearts are roused by the love of Your mercy and the joy of

Your grace.

Pray for the conversion of sinners

Newborn Baby Jesus

December 25

“And a little child shall lead them”

Pray for peace on earth.

St. Barbara

December 4th

The blood of the martyrs is the seed of Christians. ~Tertullian

Pray for the spread of the Church to all parts of the world

Blessed Bartolo Longo, ex-satanist, Catholic priest & champion of the Rosary
October 5

"Just as two friends, frequently in each other's company, tend to develop similar habits, so too, by holding familiar converse with Jesus and the Blessed Virgin, by meditating on the mysteries of the Rosary and by living the same life in Holy Communion, we can become, to the extent of our lowliness, similar to them and can learn from these supreme models a life of humility, poverty, hiddenness, patience and perfection." –Bl. Bartolo Longo
Pray for greater love for Our Lady and the Rosary

St. Benedict, abbot and patriarch of western monks
July 11th

"See how the Lord in His love shows us the way of life. Clothed then with faith and the performance of good works, let us set out on this way, with the Gospel for our guide, that we may deserve to see him *who has called us to his kingdom* (1 Thes 2:23)" from the *Rule of Saint Benedict*
Pray for the coming of the Kingdom of God.

Saint Bernadette of Lourdes
April 16th

"My weapons are prayer and sacrifice, to my dying breath. At death the weapon of sacrifice will fall away, but that of prayer will follow me to heaven."
Offer sacrifices for Our Lady's intentions

Saint Bernard of Clarivaux, abbot, Doctor of the Church
(celebrated on 20 August)

"When God forgives a sinner who humbly confesses his sin, the devil loses his dominion over the heart he had taken.
Pray for those who are wavering in their vocations.

St. Catherine of Alexandria, One of the Fourteen Holy Helpers of Mankind
November 25th

You are the light of the world. A city set on a hill cannot be hidden. Nor do men light a lamp and put it under a bushel. Rather, they put it on a stand, and it gives light to all the house. So must your light shine before men."
~Mt 5:14-15
Pray for nurses and unmarried women

Saint Catherine of Genoa, mystic, wife, hospital director
(celebrated September 15th)

Christ lives forever to make intercession for us. ~Hebrews
Pray for the souls in purgatory.

Saint Catherine Labouré
(celebrated November 28th)

"My child, the Cross will be despised, thrown on the ground, and the Lord's side will be opened again"
(Our Lady to St. Catherine)
Pray for the enemies of the Church

Saint Catherine of Siena (Virgin and Doctor of the Church)
(celebrated April 29th)

"Eternal Trinity, Godhead, mystery deep as the sea, you could give me no greater gift than the gift of yourself."
Pray for holy women in all states of life.

Saint Cecilia

And then she said to her husband, "I have an angel that loves me who watches over my body whether I sleep or am awake and if he finds that you touch my body by foul and polluted love, he will kill you, but if you love me in Holy love and cleanness, he will love you as he loves me and will give you his grace."

Pray for married couples to have holy and pure love.

St. Charles Borromeo

November 4th

"We ought to walk in front, and our spiritual subjects will follow us more easily."

Pray for spiritual directors.

St. Charles Lwanga and his companions

June 3

He protected the other pages from sexual advances by the king. As he was being burnt, Lwanga said to the Guard,

"It is as if you are pouring water on me. Please repent and become a Christian like me."

Pray for the Church in Africa and an end to terrorism.

Blessed Chiara Luce Badano (1971-1990)

October 29

"I discovered that Forsaken Jesus is the key to unity with God and I want to choose Him as my first Spouse and get prepared for when He comes. To prefer Him! I understood that I can find Him in the distant ones, the atheists, and that I must love them in a very special way, without interest!"

Pray for those who are estranged from God and the Church.

St Clare of Assisi

(celebrated August 11th)

"Look daily into that spotless mirror, dear queen and spouse of Christ, and see your face in it. See how you are to adorn yourself, within and without, in all the blossoms of virtue, as befits a chaste daughter and spouse of that greatest of kings. In that mirror poverty, humility, and love beyond all telling shine radiantly."

Pray for consecrated women to grow ardently in love for Jesus

Saints Cosmas & Damian, 4th century martyrs, physicians

(celebrated September 27th)

Jesus replied, "It is not the healthy who need the doctor, but the sick. Go and learn the meaning of the words: What I want is mercy, not sacrifice." Matt 8: 12-13

Pray for the culture of life to reign in the medical profession.

Saints Cristobal, Antonio and Juan, Child Martyrs of Tlaxcala

Canonized in 2017; Celebrated September 23

At a tender age they were drawn to the words and witness of the missionaries and they became helpers, as catechists for other indigenous people. They are sublime and instructive examples of how evangelization is a task of all God's People, excluding no one, not even children. ...I am pleased to be able to offer all of Latin America and the universal Church this example of child-like piety, of apostolic and missionary generosity, crowned by the grace of martyrdom. – Pope St. John Paul II

Pray for the purity, faith and protection of children.

Saint Dismas, the good thief

"Lord, Remember me when you come into Your Kingdom"

Pray for the conversion of criminals

Saint Dominic

(celebrated on 8 August)

"My God, what will become of sinners? My God, have mercy on sinners!"

Pray for the conversion of hardened hearts.

Saint Dominic Savio

(celebrated on 9 March)

Unless you become like this child, you cannot enter the Kingdom of Heaven.

Pray for the sanctity of children.

St. Dymphna

May 15

Good Saint Dymphna, great wonder-worker in every affliction of mind and body, I humbly implore your powerful intercession with Jesus through Mary, the Health of the Sick. Saint Dymphna, martyr of purity, patroness of those who suffer with nervous and mental afflictions, beloved child of Jesus and Mary, pray to Them for me.

Pray for those struggling with mental or emotional illness

Edith Stein, Saint Teresa Benedicta of the Cross

(celebrated August 9th)

"I joyfully accept the death God has appointed for me, in perfect submission to his most holy will. May the Lord accept my life and death for the honor and glory of his name, for the needs of his holy Church...for the Jewish people, that the Lord may be received by his own and his kingdom come in glory..."

Pray for scholars and teachers.

Elijah, the Prophet

"O Lord my God, let this child's life come into him again." The Lord listened to the voice of Elijah; the life of the child came into him again, and he revived.

Pray that the Holy Spirit ignites a fire of love in your parish.

Saint Elizabeth (mother of John the Baptist)

(celebrated November 5th)

"When your greeting sounded in my ears, the infant in my womb leaped for joy!"

Pray for pregnant women, especially those in crisis.

St. Elizabeth of Portugal, Queen of Portugal

July 4th

And Jesus said to His disciples, "Truly I say to you, it is hard for a rich man to enter the kingdom of heaven. "Again

I say to you, it is easier for a camel to go through the eye of a needle, than for a rich man to enter the kingdom of God." When the disciples heard this, they were very astonished and said, "Then who can be saved?" And looking at them Jesus said to them, "For man this is impossible, but with God all things are possible."

Pray for the conversion of political leaders

Saint Elizabeth of the Trinity

(celebrated November 8th)

"If you feel ice fall on your heart, go warm up near He who is the Source of Love and Who makes emptiness only in order to fill up all that is empty".

Spend more time with the Blessed Sacrament this year.

Saint Elizabeth Ann Seton

(celebrated January 4th)

"I offer myself to your Father by you, to yourself by your Father and you to the Holy Spirit who is the mutual love of both."

Pray for an increase in women religious.

Saint Maria Faustina

(celebrated October 5th)

"I know God is in my heart. With Him I go to work, with Him I go to recreation, with Him I suffer, with Him I rejoice; I live in Him and He in me. I am never alone, because He is my constant companion. He is present to me at every moment. Our intimacy is very close, through a union of blood and flesh."

Pray for the Triumph of God's mercy in your heart and in the world.

Sts. Felicity and Perpetua, Third Century Martyrs

March 7th

"In the meantime, Perpetua and Felicitas had been exposed to a wild cow; Perpetua was first attacked, and the cow having tossed her up, she fell on her back. Getting up, and perceiving Felicitas on the ground much hurt by a toss of the cow, she helped her to rise. Having given one another the kiss of peace, they went of their own accord into the middle of the arena. Thus did two women, amidst fierce beasts and the swords of gladiators, vanquish the devil and all his fury."

Pray for the courage of the martyrs to reign in the Church

Saint Frances Cabrini

(celebrated December 22nd)

"We can do nothing of ourselves, for we are poor and miserable, but if we have faith and trust in him who comforts us, then we can do all things."

Pray for childlike confidence in God.

Saint Frances of Rome

March 9

"With peace of soul, she always reconciled herself to the will of God, and gave him thanks for all that happened. God had not chosen her to be holy merely for her own advantage. For this reason people flocked to Frances from all directions, as to a safe refuge. No one left her without being consoled, although she openly rebuked them for their sins and fearlessly reproved them for what was evil and displeasing to God."

Pray for wives and mothers.

Saint Francis de Sales

(celebrated January 24th)

"In all your affairs rely wholly on Divine Providence, through which alone you must look for success. Labor quietly on your part to co-operate with its designs. Amidst those ordinary affairs and occupations that require most so earnest an attention, you should look more on God than on them."

Pray for the conversion of the media.

Saint Francis of Assisi

(celebrated October 4th)

"All Highest, Glorious God, cast Your light into the darkness of my heart. Grant me right faith, firm hope, perfect charity, and profound humility; with wisdom and perception, O Lord, that I may do what it truly Your holy will."

Pray for light for those who are in darkness.

Saint Francis Xavier

(celebrated on 3 December)

"We must be wary of our own strength and trust God immensely. Let us never show discouragement and never doubt victory!"

Pray for missionaries.

Saint Francisco of Fatima

"I'm thinking of God who is so sad because of so many sins! It hurts me so much that He's sad. I offer Him all the sacrifices I can. If only I could console Him."

Pray for children.

Blessed Franz Jagestatter

August 9

A devout Catholic and daily communicant, he refused to bow to Hitler. On 9 August, before being executed, Franz wrote: "If I must write... with my hands in chains, I find that much better than if my will were in chains. Neither prison nor chains nor sentence of death can rob a man of the Faith and his free will. God gives so much strength that it is possible to bear any suffering.... People worry about the obligations of conscience as they concern my wife and children. But I cannot believe that, just because one has a wife and children, a man is free to offend God."

Pray for religious liberty for all peoples in all nations.

St. Gemma Galgani, The Gem of Christ

April 11

"I hope for mercy from Jesus, mercy for me and for all poor sinners. If I could, I would atone for all of their sins and also for mine." –St. Gemma

Pray for the conversion of sinners

St. Genevieve

January 3

"I am nothing in this world but a pilgrim passing"

Pray for those who are lost to find the path to Heaven.

St. George, The Great Martyr

April 23rd

"Our battle is not against human forces but against the principalities and powers, the rulers of this world of darkness, the evil spirits in regions above. You must put on the armor of God if you are to resist on the evil day; do all that your duty requires, and hold your ground." ~Eph 6:12-13

Pray for peace in war-torn countries.

Saint Gertrude

November 16

"I want my intimate friends to follow in my footsteps by displaying a deeper affection for their enemies than for their benefactors, because they will thus reap an incomparably greater reward." (Jesus to St. Gertrude)

Pray for your enemies.

Saint Gianna Beretta Molla

(Celebrated April 28)

"Love is the most beautiful sentiment the Lord has put into the soul of men and women".

Pray for pregnant mothers.

Saint Helen, empress, mother

(August 18th)

"O innocent Jesus, your Cross is my Cross"

Pray for children who are mistreated.

The Holy Family of Nazareth

Celebrated the First Sunday after Christmas

"Don't be afraid to take Mary, your wife, home, for that which is conceived in her comes from the Holy Spirit."

Pray for blessed, holy, and happy families.

The Holy Guardian Angels

Celebrated on 2 October

"For he will give his angels charge of you, to guard you in all your ways." Psalm 91

Cultivate an awareness of the constant presence of your guardian angel.

The Fourteen Holy Helpers of Mankind

August 8th

Fourteen Holy Helpers, who served God in humility and confidence on earth and are now in the enjoyment of His beatific vision in Heaven; because thou persevered till death thou gained the crown of eternal life. Remember the dangers that surround us in this vale of tears, and intercede for us in all our needs and adversities. Amen.

Invoke the Fourteen Helpers for the sake of mankind

The Holy Innocents

(celebrated December 28th)

Theirs was a wordless profession of faith in Jesus. They died because they bore the likeness of the Christ Child, and are crowned with life eternal.

Pray for an end to abortion

Holy Souls in Purgatory

(celebrated November 2nd)

"For if he had not expected the fallen to rise again it would have been superfluous and foolish to pray for the dead, whereas if he had in view the splendid recompense reserved for those who make a pious end, the thought was holy and devout. This was why he had this atonement sacrifice offered for the dead, so that they might be released from their sin." 2 Maccabees 12:44-45

Pray for the Souls in Purgatory

St. Ignatius of Loyola

(celebrated July 31st)

"Take, Lord, and receive all my liberty, my memory, my understanding, and all my will—all that I have and possess. You, Lord, have given all that to me. I now give it back to you, O Lord. All of it is yours. Dispose of it according to your will. Give me only your love and your grace, for that is enough for me."

Pray for a spirit of total surrender for yourself and others.

The Infant of Prague

January 14th

And He called a child to Himself and set him before them, and said, "Truly I say to you, unless you are converted and become like children, you will not enter the kingdom of heaven." (Matthew 18:2)

Pray for an understanding of God's abundant generosity.

Isaiah, the Prophet

“And I heard the voice of the Lord saying, ‘Whom shall I send? Who will go for us?’
Then I said, ‘Here am I! Send me.’” (Isaiah 6:8)
Pray to understand your vocation more deeply.

Saint Jacinta of Fatima

(celebrated July 26th)

"Tell everyone that God gives us grace through the Immaculate Heart of Mary. She is the one we should ask."
Pray for the Triumph of the Immaculate Heart.

St. James, the Greater, Apostle

July 25th

“He then went up the mountain and summoned the men he himself had decided on, who came and joined him. He named the twelve as his companions whom he would send to preach the good news; they were likewise to have authority to expel demons...James, son of Zebedee; and John, the brother of James. He gave these two the name Boanerges, or ‘sons of thunder.’” Mark 3:13-17
Pray for zeal in the hearts of priests.

St Jerome

(celebrated September 30th)

“Read the divine scriptures constantly; never, indeed, let the sacred volume be out of your hand. Learn what you have to teach. Hold fast the faithful word you have been taught so that you may be able by sound doctrine to give instruction and confute those who contradict it.”
Pray for a deep love of God’s Word.

Saints Joachim and Ann

(celebrated July 26th)

“It is important that the ‘communion of persons’ in the family should become a preparation for the ‘communion of saints.’ This is why the Church both believes and proclaims the love which ‘endures all things’ (1Cor13:7); Everyone is called to love, including spouses and families. In the Church everyone is called equally to perfect holiness.” –JPII, *Letter to Families*
Pray for grandparents and the elderly.

Saint Joan of Arc

(celebrated on 30 May)

“Be strong in the Lord and in the strength of his might. Put on the armor of God, that you may be able to stand against the wiles of the devil.” ~Eph 6:10-11
Pray for soldiers, police, firefighters and first responders.

Saint Jose Maria Escriva

June 26

“Love the Church; Serve the church with the conscious gladness of one who has committed himself to this service for Love’s sake. And if we should see anyone travelling without hope, like the two men on the road to Emmaus, let us approach them full of faith- not in our own name but in Christ’s name- to reassure them that Jesus promise cannot fail for he is always watching over his Spouse and he will never abandon her.”
Pray for the triumph of the Church over the evils besetting her.

St. Jude, Patron of Impossible Causes

October 28th

“Through love you will achieve everything, even what you think is impossible.”

Pray for those who are desperate.

Pope Saint John XXIII

October 11

"To keep me from sin and straying from Him, God has used devotion to the Sacred Heart of Jesus in the Blessed Sacrament. My life vows destined to be spent in the light irradiating from the tabernacle, and it is to the Heart of Jesus that I dare go for the solution of all my problems."

Spend more time in front of the Blessed Sacrament this year.

Blessed John Henry Newman

October 9

“God has created me to do him some definite service; he has committed some work to me which he has not committed to another. I have my mission – I may never know it in this life, but I shall be told it in the next... I have a part in a great work; I am a link in a chain, a bond of connection between persons...”

-Blessed John Henry Newman

Pray that the will of God will be accomplished in your life

Saint John the Baptist

(celebrated June 24th and August 29th)

“He must increase and I must decrease” (John 3:30)

Pray for humility.

Saint John Bosco

(celebrated on 31 January)

"From now on, I no longer want to place any limit on my trust in God."

(after an apparition of Saint Dominic Savio)

Pray for teachers.

St. John N Neumann, Bishop of Philadelphia

January 5th

“Everyone who breathes, high and low, educated and ignorant, young and old, man and woman, has a mission, has a work. We are not sent into this world for nothing; we are not born at random; God creates every soul for a purpose. He needs, He deigns to need, every one of us. We are all equal in His sight, and we are placed in our different ranks and stations, not to get what we can out of them for ourselves, but to labor in them for Him. As Christ has His work, we too have ours; as He rejoiced to do His work, we must rejoice in ours also.”

Pray to understand God’s plan for your life.

Saint John of the Cross

(celebrated December 14th)

"Would that men might come at last to see that is quite impossible to reach the thicket of the riches and wisdom of God except by first entering the thicket of much suffering, in such a way that the soul finds there its consolation and desire."

Pray for those who suffer, that they unite with Jesus and find joy.

Pope Saint John Paul the Great

October 22

“Willed by God in very action of creation, marriage and family are interiorly ordained to fulfillment in Christ and have need of His graces in order to be healed from the wounds of sin and restored to their “beginning,” that is, to full understanding and the full realization of God’s plan” –St. JPII

Pray for the healing and protection of marriages and families.

Pope Saint John Paul the Great

October 22

“Jesus Christ, in the revelation of the mystery of the Father and his love, fully reveals man to himself and makes his supreme calling clear.” ~*Guadium Et Spes* 22

Pray that Jesus will have the first place in your life.

Saint John the Evangelist

(celebrated December 27th)

“O open heart of Jesus, devoured with such a pure love, into your wound I place my wounds and my lack of love”

Pray for those wounded by life that they might be healed.

Saint Jose Luis Sanchez del Rio

February 10

Viva Cristo Rey - “Long live Christ the King”

Pray for the faith of the young.

Saint John Vianney, Cure of Ars

(celebrated on 4 August)

"My children, we cannot comprehend the power of a soul over the Good Lord: it can obtain whatever it wants."

Pray for priests.

Saint Joseph, Husband of Mary

March 19

“St. Joseph was chosen among all men, to be the protector and guardian of the Virgin Mother of God; the defender and foster-father of the Infant-God, and the only co-operator upon earth, the one confidant of the secret of God in the work of the redemption of mankind.” — St Bernard of Clairvaux

Pray for a renewal of strong fatherhood in families and among priests

St. Joseph the Worker

May 1

“Some Saints are privileged to extend to us their patronage with particular efficacy in certain needs, but not in others; but our holy patron St. Joseph has the power to assist us in all cases, in every necessity, in every undertaking.”— St Thomas Aquinas

Pray for the unemployed and those seeking to know their vocation

St. Joseph of Arimathea

March 17

“There was a man named Joseph, an upright and holy member of the Sanhedrin, who had not been associated with their plan or their action... This man approached Pilate with a request for Jesus’ body. He took it down, wrapped it in fine linen, and laid it in a tomb hewn out of the rock, in which no one had yet been laid.” Lk 23:50-53

Pray for great reverence for the Body of Christ to be restored in the Church

Saint Josephine Bakhita

February 8

“Be good, love the Lord, and pray for those who do not know him. What a great grace it is to know God!”

Pray for forgiveness to conquer in hearts bound by hatred.

Saint Juan Diego

July 31

“I am only a poor man. I am not worthy of being there where you send me. Pardon me, my Queen, I do not want to make your noble heart sad, I do not want to fall into your displeasure.” After much persuasion he agreed to go to the Bishop. He left her, calling her “My Dear One, my Lady...”

Pray for the conversion of the Americas.

St. Junípero Serra

July 1

“All my life I have wanted to be a missionary. I have wanted to carry the Gospel message to those who have never heard of God and the kingdom he has prepared for them.”

Pray for vocations to the priesthood and consecrated life

St. Katharine Drexel, Virgin and Foundress

March 3rd

“And here is the passive way – to be filled unto the fullness of God. The passive way – I abandon myself to it, not in a multiplicity of trials, extraordinary penances accomplished, practices of great works – but in peaceful abandonment to the tenderness of Jesus, which I must try to imitate, and by being in constant union with his meek and humble heart.

Pray for receptivity to Christ’s love.

Saint Kateri Tekawitha, Native American

July 14th

“Who can tell me what is most pleasing to God that I may do it?”

Pray for Native Americans

St. Lawrence

(Celebrated August 10th)

After three days, Lawrence gathered all of the lepers, cripples, orphans, widows, the poor and the lame and presented them to the prefect as the "true treasures of the Church."

Pray for the poor and for the gift of love for the poor.

St. Longinus, First Century Martyr

“One of the soldiers thrust a lance into his side, and immediately blood and water flowed out.” John 19:34

“Truly this was the Son of God!” Mt 27:54

Pray for light for the spiritually blind.

Saint Louis de Montfort

(celebrated on 28 April)

"The more the Holy Spirit finds Mary in a soul, the more active and powerful He becomes to bring forth Jesus Christ in that soul, and that soul in Jesus Christ."

Pray for the intentions of the Immaculate Heart of Mary.

Saints Louis and Zelig Martin

St. Therese and Louis Martin could do no more than gaze at each other. With difficulty he pointed his index finger upward and was heard to whisper, "Until Heaven!" (Blessed Louis Martin on his deathbed to Little Flower)
Our Mother said to me, 'Don't be afraid; wait and see, your soul will expand.' (Blessed Zelig Martin to Leonie who was nearly impossible to handle)

Pray that Holiness may be born in families

Blessed Leonie Martin

(Celebrated June 16th)

"Your little Leonie may be changed, not only in name, but in everything which might be displeasing to Him whom alone she wishes to love." "It is inappropriate for me to moan over my faults as I have done until now. That is pride. As our Holy Founder said, it is no wonder that weakness is weak; I must humble myself, not vex myself.

Pray for peace in the family

St. Leopold Mandic 1866-1942

(Celebrated October 16th)

Cappuchin Priest in Yugoslavia: "I expect everything from the charity of our Lord Jesus Christ and His Divine Heart"

Pray for the renewal of the Sacrament of Confession in the Church

Saint Margaret of Castello

April 13

Born blind and with physical deformities, Margaret was rejected by her parents and suffered greatly in her life. In spite of her physical difficulties, Margaret visited prisoners, helped the sick, and comforted people who were suffering. Soon everyone in the city of Castello knew about Margaret and admired her. At her death, the entire city attended her funeral and a crippled young girl was healed during the Mass.

Pray for those with physical or intellectual disabilities.

St. Mark Ji Tianxiang, Chinese Martyr

July 9

An opium addict, Mark couldn't receive communion because his addiction was regarded as gravely sinful and scandalous at the time. He prayed for deliverance from his addiction and remained faithful to the Church until he was jailed because of his faith. As Ji and his family were dragged to prison to await their execution, his grandson looked fearfully at him. "Grandpa, where are we going?" he asked. "We're going home," came the answer.

Pray for those addicted to drugs and those who cannot receive the sacraments

Saint Lorenzo Ruiz, Philippine martyr

September 28

"I am a Catholic and wholeheartedly do accept death for the Lord;
If I had a thousand lives, all these I shall offer to Him."

Pray for the dying.

St Luke the Evangelist

(celebrated October 18th)

'After carefully going over the whole story from the beginning, I have decided to write an ordered account for you, so that you may learn how well founded the teaching is that you have received.' Luke 1:3-4

Pray for those who are questioning their faith.

St. Margaret Mary Alacoque

“A just soul has so much power over my heart that it can obtain forgiveness for thousands of criminals.”
(Jesus to St. Margaret Mary Alacoque)

Pray for hardened sinners.

Saint Margaret Mary Alacoque

(celebrated on 16 October)

"Make your home in the adorable Heart of Jesus Christ, take your little worries and disappointments,
and all will find peace there. You will find the remedy for your ills,
the strength for your weaknesses and shelter in all your needs."

Pray for those crushed by trials

St. Margaret of Scotland, Queen of Scotland

November 16th

“O God, come to my assistance. O Lord, make haste to help me.” ~From the *Liturgy of the Hours*

Pray for large families.

Saint Martin de Porres

(celebrated November 3rd)

“He excused the faults of others and pardoned even the most bitter injuries done to him. He sought to bring sinners
back to a good life, was most kind to the sick, provided the poor with food, clothing, and medicine, and did all he
could for those who were regarded in his day almost as slaves” Bl John XXIII

Pray for greater humility, charity and generosity in God’s service

Saint Mary Magdalene

(celebrated July 22nd)

“And a woman in the city, who was a sinner, having learned that he was eating in the Pharisee’s house, brought an
alabaster jar of ointment. She stood behind him at his feet, weeping, and began to bathe his feet with her tears and
to dry them with her hair. Then she continued kissing his feet and anointing them with the ointment” (Luke 7:37ff.)

Pray that those lost in sin will come to know the great love of Jesus.

Saint Mary of Jesus Crucified, The Lily of Palestine

Canonized in 2015; Celebrated August 25

Holy Spirit, inspire me. Love of God consume me. Along the true road, lead me. Mary, my good mother, look down
upon me. With Jesus, bless me. From all evil, all illusion, all danger, preserve me.

Pray for persecuted Christians

Mary, Mother of God

January 1

“Do whatever he tells you.”

Pray for caught in the snare of addiction.

St. Maria Goretti, virgin and martyr

(celebrated July 6th)

“Rejoice in the measure that you share Christ’s sufferings. When His glory is revealed, you will rejoice exultantly.

Happy are you when you are insulted for the sake of Christ, for then God’s Spirit in its glory
has come to rest on you.”

Pray for the purity of the young

Saint Martha of Bethany

July 29th

“Martha, Martha, you are busy and worried about many things. One thing alone is necessary. Mary has chosen the better part and it shall not be taken from her.” (Luke 10:41-42)

Pray for those who struggle with anxiety to find peace in Jesus

Saint Martha of Bethany

(celebrated July 29th)

“Martha said to Jesus, ‘Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask of God, God will give you.’ Jesus said to her, ‘Your brother will rise.’ Martha said to him,

‘I know he will rise, in the resurrection on the last day.’ Jesus told her, ‘I am the resurrection and life; whoever believes in me, even if he dies, will live, and anyone who lives and believes in me will never die.’”

Pray for the despairing.

Saint Matthew, apostle

(celebrated September 21st)

“The Pharisees and the scribes of their party said to Jesus’ disciples, ‘Why do you eat and drink with tax collectors and non-observers of the law?’ Jesus said to them, ‘The healthy do not need a doctor; sick people do. I have not come to invite the self-righteous to a change of heart, but sinners.’”

Pray for those who do not know the love of Jesus.

Saint Maximilian Kolbe (Poland)

(celebrated August 14th)

“What is essential is not to accomplish a great deal according to our own lights, but to be in the hands of the Immaculate Virgin.”

Pray that Mary Immaculate may reign in our hearts.

Blessed Miriam Teresa Demjanovich

Beatified in 2014

May 8

The imitation of Christ in the lives of saints is always possible and compatible with every state of life. The saints did but one thing – the will of God. But they did it with all their might. We have only to do the same thing; and according to the degree of intensity with which we labor shall our sanctification progress.

Pray for God’s will to be done in your life and in the world.

St. Monica (mother of St. Augustine)

(celebrated August 27th)

“If I am your child, O my God, it is because you gave me such a mother!” St. Augustine. Monica did not give up but prayed for Augustine for many years. Her prayers won for the church one of its greatest Doctors.

Pray for Holy Mothers.

St. Nicholas, Bishop and Patron of Children

December 6th

“Let the children come to me, and do not hinder them, for it is to such as these that the Kingdom of Heaven belongs.”

Pray for a childlike heart.

Blessed Oscar Romero

Beatified in 2015; March 24

If we are worth anything, it is not because we have more money or more talent, or more human qualities. Insofar as we are worth anything, it is because we are grafted onto Christ's life, his cross and resurrection. That is a person's measure.

Pray for governments to respect human life from conception to natural death.

Our Lady of Fatima

(celebrated May 13th)

"O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to heaven, especially those in most need of thy mercy."

Pray for greater devotion to the Rosary among Christians.

Our Lady of Lourdes

(celebrated February 11th)

"I am the Immaculate Conception."

Pray for deeper devotion to Our Lady's Immaculate Heart.

Our Lady of Guadalupe

(celebrated December 12th)

"Am I not here who am your Mother? Is there anything else that you need?"

Pray for greater dependence on the maternal love of Mary

Our Lady, the Immaculate Conception

December 8th

"O Mary, conceived without sin, pray for us who have recourse to Thee."

Cultivate a devotion to the Miraculous Medal.

Our Lady of Mount Carmel

(celebrated July 16th)

"Those who wish to live truly devoted to Our Lady of Mount Carmel must follow Mary into the depths of the interior life...Mary's soul is a real 'garden' of virtues, an oasis of silence and peace, where justice and equity reign; an oasis of security completely enveloped in the shadow of God, and filled with God. Every interior soul, even if living amid the tumult of the world, must strive to reach this peace, this interior silence, which alone makes continual contact with God possible."

Pray for peace and interior silence in the hearts of bishops and priests.

Our Lady, Queen of Peace

Seek first the Kingdom of God and his righteousness, and all these things shall be yours as well.

Pray for peace in your heart.

Saint Padre Pio

(celebrated September 23rd)

"The greatest charity is to take away souls from Satan and to bring them back to God".

Pray for the salvation of souls.

Saint Patrick of Ireland

(celebrated March 17th)

"If I am worthy, I am ready also to give up my life, without hesitation and most willingly, for his name. I want to spend myself in that country (Ireland), even in death, if the Lord should grant me this favor."

St. Patrick's Confessions

Pray for the sanctification of priests and bishops.

St. Paul

Feast of Sts. Peter and Paul: June 29th

"I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me." ~Gal 2:20

Pray for the conversion of those who attack the Church

St. Paul

Feast of the Conversion of St. Paul: January 25th

"As he traveled along and was approaching Damascus, a light from the sky suddenly flashed about him. He fell to the ground and at the same time heard a voice saying, 'Saul, Saul, why do you persecute me?'"

Pray for the unity of Christians.

Blessed Pope Paul VI

Celebrated September 26

"In humble obedience then to her voice, let Christian husbands and wives be mindful of their vocation to the Christian life...For the Lord has entrusted to them the task of making visible to men and women the holiness and joy of the law which united inseparably their love for one another and the cooperation they give to God's love, God who is the Author of human life." –Pope Paul VI

Pray for married couples to love each other as Christ loves the Church

Saint Peter the Apostle

(celebrated on 29 June)

"Lord, you know everything, you know that I love you."

Pray for the Pope and his intentions for the world.

St Philip Neri

(celebrated May 26th)

"Let joy in the Lord be continuous until joy in the world is extinguished. The former is always growing, the latter ever decreasing and finally dying. Rejoice in the Lord then, and not in the world. Rejoice, for wherever you are and as long as you are on earth, the Lord is near, do not be anxious."

Pray for those who have yet to find true joy in Jesus

St. Philomena

August 11

We beseech Thee, O Lord, to grant us the pardon of our sins by the intercession of Saint Philomena, virgin and martyr, who was always pleasing in Thy sight by her eminent chastity and by the profession of every virtue.

Pray for babies, especially the unborn, and children.

Blessed Pier Giorgio Frassati

July 4th

"Always be ready to give an explanation to anyone who asks you for a reason for your hope." 1Pet 3:15

Pray for teenagers.

Blessed Luigi and Maria Quattrocchi

(Celebrated April 28th)

Maria was advised to abort her unborn child to save her own life. The couple graciously relied on their trust in divine providence and were blessed with a healthy baby girl "Enrichetta". They also raised their family to be just as virtuous; three of their four children joined religious orders.

Pray for engaged couples.

St. Rita of Cascia

May 22nd

"The soldiers then wove a crown of thorns and fixed it on his head..." John 19:2

Pray for the healing of broken and wounded marriages

Saint Rose of Lima

(celebrated August 23rd)

"Listen, all you people! At Christ's bidding and in his very words, I warn you: We cannot win grace if we do not suffer affliction; toil upon toil must be ours if we are to attain an intimate share in the divine nature, the glory of God, s children, and perfect happiness.

If only men knew how beautiful, noble, and priceless a thing God, s grace is!"

Pray that souls find the true beauty of the Cross

Sacred Heart of Jesus

Celebrated 19 days after Pentecost

O Sacred Heart of Jesus, fountain of eternal life, Your Heart is a glowing furnace of Love. You are my refuge and my sanctuary. - St. Gertrude the Great

Pray for those who do not yet know the love of Jesus.

St. Scholastica, Virgin, Sister of St. Benedict

February 10th

Thereupon, Scholastica cried openly, laid her head upon the table, and prayed that God would intercede for her. As she did so, a sudden storm arose. The violent rain and hail came in such a torrential downpour that Benedict and his companions were unable to depart. "May Almighty God forgive you, sister" said Benedict, "for what you have done." "I asked a favor of you," Scholastica replied simply, "and you refused it. I asked it of God, and He has granted it!"

Pray for healing and love between siblings.

Saint Seraphim of Sarov

(celebrated on 2 January)

"Acquire inner peace and thousands around you will find salvation."

Pray for the unity of the Church.

St. Simon of Cyrene

"It is the Cross that bears you, not you who bear the Cross" (the Curé of Ars).

Pray for fraternal charity to reign among Catholics.

Saint Simon Stock

July 3

It was to Saint Simon Stock, on July 16, 1251, that Our Lady gave the brown scapular. "Whosoever dies in this garment shall not suffer eternal fire. -Promise of Our Lady to St. Simon Stock on July 16, 1251

Cultivate a devotion to Our Lady through the Brown Scapular

Blessed Solanus Casey, O.F.M. Cap.

Beatified 2017; Celebrated November 3

“Long since, he had come to know the Christ-taught truth that pure love of God and one’s fellowmen as children of God are in the final event all that matter. Living this truth ardently and continuously had made him, spiritually, a free man—free from slavery to passions, from self-seeking, from self-indulgence, from self-pity—free to serve wholly both God and man”

Pray for the grace of interior freedom

Blessed Stanley Rother, Martyr, Priest of Oklahoma City

Beatified Sept 23, 2017; Celebrated July 28

“The shepherd cannot run at the first sign of danger.”

Pray for courage and strength for priests.

Saint Stephen, first martyr, celebrated Dec 26

“And Stephen, full of grace and power, did great wonders and signs among the people. Then some of those who belonged to the synagogue of the Freedmen...disputed with him. But they could not withstand the wisdom and the Spirit with which he spoke...And gazing at him, all who sat in the council saw that his face was like the face of an angel.”

Pray for the gift of holiness.

Saint Tarsicius

August 15

This 12-year-old saint was an acolyte taking holy communion to prisoners about to be executed for their faith. He was identified by a mob in the road as a Christian and died a martyr's death protecting the most Blessed Sacrament from their violent hands.

Pray that Catholics be ignited with love for the Eucharist

Saint Teresa of Avila

(celebrated October 15th)

"Since the spiritual world is based entirely on humility, the closer one gets to God, the more this virtue should grow."

Pray for consecrated souls.

Saint Teresa of Calcutta

September 5

"The more we are united with God, the more eager we will be to love and serve the poor with our whole heart."

Pray for the poor and those who have no one to pray for them.

St. Teresa de Los Andes

April 12

"God is my heaven here below. I live with him. Even when I am walking, we speak together without being interrupted by anyone. If you would know him enough, you would love him. If you would stay with him for one hour, you would know heaven on earth.”

Pray for the peoples of Latin America

Saint Therese of Lisieux, Doctor of the Church

(celebrated on 1 October)

"I understand so well that it is only love that can make us pleasing to the Good Lord, and my ambition is for this love alone."

Pray for the fire of love to descend upon the Church.

St. Thomas Aquinas, Dominican, Doctor of the Church

(celebrated January 28th)

“Eternal life consists in the complete satisfaction of desire, for there the blessed will be given more than they wanted or hoped for. The reason is that in this life no one can fulfill his longing, nor can any creature satisfy man’s desire.

Only God satisfies, he infinitely exceeds all other pleasures. That is why the Lord says:

Enter into the joy of your Lord.”

Pray for the conversion of lukewarm souls.

Saint Thomas the Apostle

(celebrated on 3 July)

"Jesus said to him, "Put your hands in my side and do not doubt, but believe." Thomas replied,

"My Lord and my God." (Jn 20: 27-28)

Pray for unbelievers.

Saint Thomas More

(celebrated June 22nd)

‘I never stop trusting in His mercy. His grace has thus far strengthened me to renounce everything—possessions, income, life itself—rather than take an oath against my conscience. God will either sway the king to do no more to me, or He will give me strength to bear courageously and willingly whatever further evils are in store for me.’

Pray for lawyers and judges.

St Timothy, Disciple of St Paul

(celebrated January 26th)

‘We decided to send our brother Timothy, who is God’s helper in spreading the Good News of Christ, to keep you firm and strong in the faith, and prevent any of you from being unsettled by the present troubles.’ 1 Thess 3:2-3

Pray those overwhelmed by their problems to find peace in Christ.

Saint Veronica

(celebrated February 4th)

“It is your Face, Lord, that I seek!”

Comfort Jesus in adoration

Saint Vincent de Paul.

(celebrated September 27th)

“You have as much need to be compassionate as the poor person has need of your compassion.”

Pray for the gift of compassion.